



The Story of Your Life

WRITING A SPIRITUAL AUTOBIOGRAPHY

A Step-By-Step Approach to Exploring Your Past and Understanding Your Present



Dan Wakefield

The Practical sequel to *RETURNING*, described by Bill Moyers as
“one of the most important memoirs of the spirit that I’ve ever read”



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The background of the cover is a complex, abstract digital artwork. It features a central, stylized face with a prominent, glowing blue eye. The colors are vibrant and fluid, transitioning between shades of gold, yellow, blue, and green, creating a sense of movement and depth. The overall effect is reminiscent of a liquid or metallic texture that has been warped and distorted.

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